Living Breathing Thinking Responsive Buildings

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oct 7 2025   trouble breathing comfortably wheezing and shortness of breath people with preexisting heart disease or hypertension may experience symptoms from elevated levels of wildfire smoke

jan 27 2023   breathing safely in cold weather if you have to be outside follow this breathing advice breathe in through your nose and exhale through your mouth your nose does a better job at

dec 5 2023   another cause of copd is breathing in toxic fumes or gases in rare cases the cause is a genetic problem people with copd are at increased risk of developing respiratory infections heart

jun 9 2023   breathing is becoming increasingly difficult for residents across some areas of the u s as wildfires continue to spread across large portions of several canadian provinces according to news

apr 25 2017   sleep apnea happens when you repeatedly stop breathing or have shallow breaths while sleeping learn about symptoms and treatments

may 18 2023   noisy breathing during sleep a deviated septum or swelling of the intranasal tissues can be one of the many reasons for noisy breathing during sleep awareness of the nasal cycle it s

mouth breathing is sometimes a necessary function particularly when a respiratory infection closes the nasal passages with drainage however consistent or chronic mouth breathing especially in children

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